

August 2021 Aquafit Timetable

All your Favourite Tracks Every Day of the Week!

Class Duration = 45 mins

23rd to 27th - Classes at Otumoetai Pool – Access Ladder/Ramp Onsite



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9.15am AquaFit - Jovi	3 9.15am AquaFit – Mr P 6.15pm Aqua Blast - Bronwyn	4 9.15am AquaFit – Bronwyn	5 9.15am AquaFit – Bronwyn 6.15pm Aqua Blast - Bronwyn	6 9.15am AquaFit - Maria
9 9.15am AquaFit - Jovi	10 9.15am AquaFit – Mr P 6.15pm Aqua Blast - Bronwyn	11 9.15am AquaFit – Bronwyn	12 9.15am AquaFit - Bronwyn 6.15pm Aqua Blast - Bronwyn	13 9.15am AquaFit - Maria
16 9.15am AquaFit - Jovi	17 9.15am AquaFit – Mr P 6.15pm Aqua Blast - Bronwyn	18 9.15am AquaFit – Bronwyn	19 9.15am AquaFit – Bronwyn 6.15pm Aqua Blast - Bronwyn	20 9.15am AquaFit - Maria
23 9.15am AquaFit - Jovi	24 9.15am AquaFit – Mr P	25 9.15am AquaFit – Bronwyn	26 9.15am AquaFit – Bronwyn	27 9.15am AquaFit - Maria
30 9.15am AquaFit - Jovi	31 9.15am AquaFit – Mr P 6.15pm Aqua Blast - Bronwyn		Aqua Fit Suitable for all. Great for fitness, cardio, and a great alternative to your workout sessions	Aqua Blast Fast paced session. Full cardio and core training. Great for all fitness levels





GREERTON AQUATIC & LEISURE CENTRE

