

AquaActive January Timetable



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8.00am	AQUA FIT	AQUA FIT		AQUA FIT		
8.30am			AQUA FIT		AQUA FIT	AQUA FIT
8.45am	AQUA FIT	AQUA CARDIO BLAST		AQUA COMBAT BLAST		
9.30am	AQUA DEEP		AQUA DEEP		AQUA DEEP	
10.00am				AQUA MOVE		
6.35pm	AQUA FIT		AQUA FIT		<div style="background-color: #f4a460; border-radius: 15px; padding: 10px; text-align: center;"> Please note: Aqua classes return on January 10 </div>	

Friendly reminder for all aqua members: Please remember to put away your own aqua gear after each class. Please do not give them to children to play with or leave them in or around the pool for others to put away. The equipment is there for your benefit and enjoyment so please let's look after it.